April is Volunteer Appreciation Month!

THANK YOU
To ALL Our Outstanding JFS Village Volunteers!
You make our community a better place!
MEMBER SPOTLIGHT

MEET NAVAZ TIKU. Navaz has lived two very different lives. Originally from Bombay, India, she spent many years living in Aden, a beautiful thriving port town. Navaz, her father, mother, younger brother, and an imposing and interesting grandmother lived a good life and enjoyed the privileges of their position within the community. Navaz also remembers the one room school house she attended for a year. Overall, her youth revolved around, family, education and many, many extracurricular activities and parties.

In part because of her active social life and education, Navaz attracted many suitors, but the husband she chose was Jatindar Tiku, whom she met at 17 years old when they were both in college. Eventually they married and moved to the U. S. While he was finishing his education and running a business, Jatindar also worked at the Department of Corrections and Health and Social Services. Navaz was busy raising their son, Zubin, and working at A.I. High School, mostly with at risk children. The bond she developed with students is what she most misses about teaching.

In 2007, her husband passed away leaving her very much alone. Her son had moved to California and married, and she needed to find her way as all spouses do at that junction. She admits it has been a long road, but feels she now has her “legs under her” again. She said she thanks God every day for the son and husband she was given and now for a sweet and adorable granddaughter.

Navaz has lots of interests and says the important things in her life are peace, beauty, and happiness. She finds this in art, food, and travel and has eclectic taste in all those things. Independence and security are very important to Navaz and she believes her doctors and the people who come into her life all help her to maintain that independence.

ASK JFS

STARTING APRIL 12! On the second Friday of each month, from 11AM–12 PM, representatives from JFS will be available at the JCC Senior Center to answer questions and offer information on a variety of topics that can help you face the challenges of getting older.

VILLAGE UPDATES

JFS Memory Café
April 3rd and 17th 1:30-3PM at Congregation Beth Emeth
A social gathering for people living with memory changes and their care partners. Contact Karen Commeret to register.
Contact Joyce Griffith if you need a ride: 302-478-9411

Field Trip Colonial Jewish Philadelphia
April 9th 9:30-3pm | $18 for Senior Center members
Call the JCC to register: 302-478-5660

The JFS Village
A Membership Community
The JFS Village is a community of support that provides older adults the services they need to enhance quality of life, remain active, and encourage independence.

Volunteer Hours
March 170 hours
Year-to-Date 502 hours

JFS Mission & Vision
To strengthen individuals, families, and the community by providing counseling and support services, based on Jewish values.

Our vision is to use our evolving position as a key social service in Delaware to strengthen the support available to our most underserved populations.