Alan Yollin exemplifies how one can continue to grow and learn after retirement. Originally from Philadelphia, Alan moved to the Los Angeles area of California and worked for over 40 years in the advertising industry; he worked on ads for movies, Fox Sports, Max Factor, and various other companies. After retirement, he moved back east and continued to work in marketing. After his second retirement, he decided to dedicate time volunteering and got involved with the JFS Village. He loves to grocery shop and is always willing to help Village members whenever asked.

Alan took advantage of the free tuition for seniors at Delaware State schools and signed up for the culinary program at Del Tech to become a pastry chef; he felt this was a great way to strengthen his connection to his son, who is a chef and still lives in California, and an interesting new career for himself. Even though it is a physically demanding program, Alan takes pride in keeping up with the younger students and loves learning. He really enjoys the fellowship with the other students. Before he finished the program, he was offered and accepted a position with the Blue Rocks stadium. Cooking for the players, staff, and box seat guests is the perfect match for his skills, availability and interest, while still allowing him to travel and visit his son and daughter on the West coast.

Alan says, “You are never too old to learn something new and you should stop doing anything that has ceased to be fun for you... whatever happens, happens.”

Alan with his family on a trip to Hawaii.
MEET THE MEMBER

If you visit the JCC on a weekday or go to the Brandywine Y you may know Nancy ‘Nan’ Christie. But you will probably not know that she is legally blind, because she does not let that limit her enjoyment of life any more than necessary. She will admit that acceptance of this was gradual, much like the disease itself. The most difficult thing to deal with so far is giving up driving and she is not alone in experiencing that pain. Overall, she is loving her life and says the JFS Village has given her a sense of freedom and control over her plans that would otherwise have been lost. Still very fit, Nan walks many places, but she reaches out to JFS when a ride or help is needed.

Nan was a teacher and says books are her life, although macular degeneration has caused her to move from reading to listening. Nan does water exercises four times a week, has lunch at the Siegel JCC Senior Center, and, until very recently, gardened when the weather was nice. Her son lives in the connected home to hers, which makes for easy visits with her two teenage grandchildren.

Nan is from Pittsburgh, PA and came to Delaware after many moves for her husband’s work while they were married. With her two sons and her grandchildren nearby, she would like to remain in the area as long as she can, but wishes it was warmer. With no plans to travel abroad, she would be interested in visiting more places in America.

According to Nan, a sense of humor and her home google device are her best assets to a life well lived.

VILLAGE UPDATES

JFS Memory Café
June 5th and 19th 1:30-3PM at Congregation Beth Emeth
A social gathering for people living with memory changes and their care partners. Contact Karen Commeret to register. Contact Joyce Griffith if you need a ride: 302-478-9411

Herbal & Holistic Medicine
Attend this lecture by Dr. Alan Tillotson
Friday, June 7th at 1pm at the Siegel JCC

Ask JFS!
Join JFS on June 14th at 11am at the JCC Senior Center.
David McMann, RN, BSN, the JFS Village’s Care Manager will be answering questions on hospitalization, discharge, rehab, & other questions you may have about the health care system.

Volunteer Hours
May
178 hours
Year-to-Date
883 hours

JFS Mission & Vision
To strengthen individuals, families, and the community by providing counseling and support services, based on Jewish values.

Our vision is to use our evolving position as a key social service in Delaware to strengthen the support available to our most underserved populations.